

## Preferred Vendors

The Vendors on this page are vendors that I actually use. Many of them have helped me grow my business and I wish to help grow theirs.

<p>AFLAC Customer Services 800-992-3522 <a href="http://www.aflac.com/">http://www.aflac.com/</a> Coverage if you get hurt or sick.</p>	<p style="color: green;">Do business with Karen and get a free listing on her Preferred Vendors List.</p>
<p>Bedford Chamber of Commerce Town Center Building 12 Mudge Way Bedford MA 01730 781-275-8503 <a href="http://www.bedfordchamber.org">www.bedfordchamber.org</a> <a href="http://www.bedfordisbusiness.com">www.bedfordisbusiness.com</a> A great chamber to belong too!</p>	<p>Living Waters Center of Hope 10 Kirk Street Lowell MA 01852 978-323-4673 <a href="http://www.livingwaterslowell.org">www.livingwaterslowell.org</a> <a href="mailto:info@livingwaterslowell.org">info@livingwaterslowell.org</a> Helping folks. See how you can help. Donations, clothing drives, food, toilettes needed.</p>
<p>Bedford Recreation 12 Mudge Way Bedford MA 01730 <a href="http://www.bedfordma.gov/recreation">www.bedfordma.gov/recreation</a> Great place to "teach" what you know. I teach organizing classes here!</p>	<p>Lowell Spinners 450 Aiken Street Lowell MA 01854 978-459-1702 <a href="http://www.lowellspinners.com/">http://www.lowellspinners.com/</a> (A great place to advertise)</p>
<p>Cartridge World 8 Cummings Park Drive Woburn MA 01801 781-939-3105 <a href="http://www.cartridgeworld.com">http://www.cartridgeworld.com</a> (Recycle/buy ink cartridges, protect Earth)</p>	<p>Middlesex West Chamber of Commerce 77 Great Road, Suite 214 Acton MA 01720 978-263-0010 <a href="http://www.mwcc.com">www.mwcc.com</a> Another great chamber to belong too!</p>
<p>Clark University SBDC 950 Main Street, Worcester MA 01610 508-793-7615 <a href="http://www.clarku.edu/offices/sbdc">www.clarku.edu/offices/sbdc</a> Terrific classes offered to small business</p>	<p>Office Essentials (Virtual Assistant) Sharon Donahue 781-938-0945 <a href="http://www.officeessentials.us">www.officeessentials.us</a> Check out her website)</p>
<p>Emmanuel College 400 The Fenway Boston MA 02115 617-735-9700 <a href="http://www.emmanuel.edu">www.emmanuel.edu</a> Going back to get your degree</p>	<p>Salem State College/Enterprise Center 121 Loring Avenue Salem MA 01970 978-542-6343 <a href="http://www.salemstate.edu/sbdc">www.salemstate.edu/sbdc</a> Terrific classes for small business</p>

EX DEX Computer Service Upgrade & Repairs Thomas Dunnigan and Lorraine Wu 781-935-9432	SBSB Small Business Service Bureau, Inc 800-343-0939 <a href="http://www.sbsb.com">www.sbsb.com</a> (Health insurance for small business)
Facilitations Promotional Items 3 Post Office Square Acton MA 01720 <a href="http://www.facilitations.com">http://www.facilitations.com</a>	TDBank 175 The Great Rd Bedford MA 01730 781-275-7410 800-747-7000 <a href="http://www.tdbank.com">www.tdbank.com</a>
Grow a Strong Family <a href="http://www.growstrongfamily.com">www.growstrongfamily.com</a> If you could use some help with an issue in your family or perhaps a workshop. Check out the web site	Woburn Adult Ed/Woburn High School 88 Montvale Ave Woburn MA 01801 Liz Miller 781-937-8210 x315 <a href="https://www.facebook.com/">https://www.facebook.com/</a>
ISI New England (Insurance Specialists) Sales Direct Line 888-isi-1959 (888-474-1959) <a href="http://www.isi1959.com">www.isi1959.com</a> (All kinds of insurance for small businesses)	Web Vortex Web Design & Internet Biz Promotion Jim Voymas 617-968-1048 <a href="http://www.webvortex.biz">www.webvortex.biz</a>

## The Coordinated Senior Services Group:

Every day for the next twenty years ten thousand adults will turn 65 years of age. This segment of our population totals almost 70 million Americans joining the ranks of an already large existing senior population. As the community of older adults ages they will be seeking services to help them live a long, safe, and comfortable life well into their 80s, 90s, and even into their 100s.

A group of small business owners northwest of Boston who have worked as individual businesses have been drawn together by the common goal of serving the senior communities. These individual businesses decided to form a group with the purpose of combining our services and talents to serve the senior population. This group is called **COORDINATED SENIOR SOLUTIONS** with our combined knowledge, skills, and distinctly different businesses we can help seniors find the necessary resources within our group to work with them and help them with every service they may need. We were previously called the Platinum Senior Services Group.

For many whether it is the senior adult, a family member or a caregiver when a sudden need to find services arises many ask who do I call or turn to for help? Our combined businesses cover every need from home organizing, moving companies, real estate, reverse mortgages, in-home care companions, accessibility construction, durable medical equipment, incontinent supplies, and visiting nurses.

**A&A Easy Transitions: Rich Anthony/Dick Arnald**

Your one stop professional transition company. Move Management Services, Floor Planning, Organizing, Downsizing, Packing, Moving, Unpacking and New Home Set-Up; Old Home or Apartment Clean Out Services including Selling, Auctioning, Donating the things you can't take with you, and Final Trash Removal and House Clean Up. Services customized to fit exactly what you need.

**PH: Rich: 978-807-5614/Dick: 508-982-3961**

**Comfort Home Care: Patricia Bergin**

We are a skilled in-home nursing agency that specializes in providing comprehensive medical and psychiatric nursing services. We provide a full range of physical therapy, occupational therapy and home health aide services to complement our nursing care plans.

Using our unique team approach to care for the geriatric population, we help to ease the burden on families. Our staff acts as community case managers to help guide you and your family through the complex health care system.

**PH: 978-685-4700**

**Direct Finance Corp.: Ron Abisi**

A reverse mortgage can be an effective tool for improving the quality of life and remaining financially independent. Common uses of a reverse mortgage are to receive additional monthly cash, payoff a mortgage or other debts, home improvements, or just having the peace of mind knowing emergency funds are available. However, it is not a decision to be taken lightly. It's important to work with an experienced mortgage specialist who will help you assess your unique situation to determine if a reverse mortgage is right for you. I have 20+ years experience in the Mortgage Industry and I am proud to say that Direct Finance Corp. has been recognized and ranked first among Massachusetts mortgage brokers for Reverse Mortgages according to HUD. Please contact me today for your free educational consultation. Thank you. It's a Good Life!

**PH: 603-765-2231**

**Eagle Strategies LLC: Daniel St.Jean**

Financial planning involves accumulating, distributing and protecting your money. Financial decisions can be complicated and confusing. If you need guidance on planning for future guaranteed income, long-term care planning or how to protect your money, our financial planning services will directly benefit you.

**PH: 978-681-4305**

**ElderCareSmart: Kathleen Scribner, RN, MPH**

As we age the right mix of healthcare and support services is key to quality of life. ElderCareSmart provides RN directed geriatric care management. We help you navigate the complexities of healthcare. We coordinate your care needs among multiple medical specialists. We accompany you on doctor's appointments. We advocate for you with physicians, insurers, hospitals, and senior living communities. Find out how nurse coordinated care management can make a difference in your life.

**PH: 978-474-4740**

**Law Office of Peter J. Mullin: Peter J. Mullin**

Are your affairs in order? Who will control your financial affairs if you are incapacitated? Who will make your health care decisions if you are unable to? Who will get your property when you die? With an Estate Plan - You decide. Without an estate plan - the Court decides. You may wonder if you can preserve your hard earned assets and lifetime savings and still qualify for Medicaid? An Elder Law consultation may provide the answers you need. Together we will tailor the Legal documents required to meet your specific needs and situation.

**PH: 978-441-9200**

**Natale Company & SafetyCare: John Natale**

Is a family owned business offering services to make a senior or disabled persons home a fully accessible and safe place to live in. We install Grab bars, handrails, shower chairs and all durable medical equipment into the home. We build wheel chair ramps, widen doorways and build fully accessible bathrooms.

**PH: 781-933-7205**

**OrganizingWORKS!: Karen Kenney**

A professional organizer helping folks get organized, whether it be downsizing, moving, or dealing with the onslaught of papers coming into our homes each day. Karen can help you eliminate the things you no longer want or need. Making space for the things you use every day! Services like storage ideas, filing systems, closet organizing, shopping & meal planning and many more.

**PH: 781-275-8915**

**Senior Helpers: Jim DiGiorgio**

Senior Helpers® is a national leader in professional in-home assistance services. With offices in Westford and Marlborough, we've rapidly built a reputation for providing only the best in dependable, consistent and affordable elderly care services. We have the people, resources, systems and knowledge necessary to make sure our clients get as much or as little help as they need to enjoy living independently at home.

**PH: 978-467-4300**